

CITY OF ANDERSON POLICE DEPARTMENT

Anderson, South Carolina

DIRECTIVE TYPE General Order	EFFECTIVE DATE December 29, 2008	NUMBER 710
SUBJECT Weight Room Use by Departmental Personnel		
REVISED		
REFERENCE	AMENDS/SUPERSEDES All Others	
DISTRIBUTION All Personnel	RE-EVALUATION DATE Annual	NO. PAGES 2

A. Purpose:

To serve as a basis for behavioral management for members of the City of Anderson Police Department who utilize the City of Anderson, Incorporated's weight room.

B. Policy:

It is the policy of the City of Anderson Police Department to encourage all personnel to maintain a proper level of fitness as required by the physical demands of the job. The City of Anderson Police Department will make reasonable efforts to provide exercise opportunities for its personnel. Such efforts are subject to budgetary, building, equipment and other resource limitations.

C. Procedure:

1. The City of Anderson Police Department currently has use of the City of Anderson, Incorporated's gym which is located in the basement of the City Hall Annex. Members of the department may be allowed to use the weight room during business hours on business days. Access will be through the front door of the City Hall Annex. All personnel of the City of Anderson, Incorporated, including members of the City of Anderson Police Department, are subject to any additional rules and regulations which may be printed, posted and/or disseminated in any other medium to personnel who use the weight room. Gym usage is a privilege, not a condition of employment, and permission to use the gym may be withdrawn from individuals or from groups of individuals at any time, for any reason or for no reason at all.

2. Access to the building is controlled 7/24/365. Personnel who wish to use the facilities outside of normal business hours may be granted electronic access by the I/T Manager. Access is currently via an electronic medium. Personnel who take advantage of this opportunity to exercise and who secure for themselves electronic access must not loan or otherwise provide their access apparatus to anyone else, including other members of the PD, other city employees or persons not employed by the city. In the future, should typical "keys", "codes", or any other access device or card replace the electronic keys presently in use, this same policy will continue to apply.
3. Personnel who have access to the building wherein the gym is located are not to provide access to any non-city employee(s) unless they are with them. Personnel who desire to bring guests are responsible for their guests and must be present with their guests while they are in the gym. Additionally, personnel who bring a non-city person to the gym are responsible for their guest's behavior.
4. Access to the gym is for the most direct path to the exercise facility. Personnel are not to "wander" about the building. Restroom facilities (one for males & one for females) and water fountains are located just outside the gym and are readily available for use. There is also a janitorial closet for the gym located next to the restrooms.
5. Personnel are responsible for the security of the building after they leave. Therefore, upon leaving, personnel must verify that the exit door is closed and locked.
6. Personnel desiring to acquire access to the gym outside of normal business hours must sign a copy of this general order and make sufficient copies to provide to the following Units or Departments:
 - a. Administrative Services (Original signature)
 - b. I/T - Copy (I/T should maintain a folder for their records)

By order of:



Martin D. Brown, Chief of Police

12-29-2008
Date